## August

2021

**VIKING CALENDAR** 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Weight Training 4:30-5:30	3 Speed/Cond 4:30-5:30	Weight Training 4:30-5:30	5 Speed/Cond 4:30-5:30	6 Weight Training 4:30-5:30	7
8	9 Weight Training 4:30-5:30	Speed/Cond 4:30-5:30	Weight Training 4:30-5:30	Speed/Cond 4:30-5:30	Weight Training 4:30-5:30	14
15	Gear Handout Seniors 4:00-4:30 Juniors 4:30-5:00	Gear Handout Soph 4:00-4:30 Fresh 4:30-5:00	Fall Practice 4:00-6:30	Fall Practice 4:00-6:30	Fall Practice 4:00-6:30	Fall Practice 10-12:00 1:00-3:00
22	Fall Practice 4:00-6:00 6:30-8:30	Fall Practice 4:00-6:30	Fall Practice 4:00-6:00 6:30-8:30	Fall Practice 4:00-6:30	Fall Practice 4:00-6:00 6:30-8:30	Pictures 10-11:30 Scrimmage 12:00-1:00
29	Game Week Practice 4-6:30	Game Week Practice 4-6:30	Sept 1 Game Week Practice 4-6:30	Sept 2 Game Week Practice 4-6:30	Sept 3 Game 1 Juanita	

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